

Retrograde fillings Perforations Dens invaginatus Apexification Apexogenesis Sealing Biocompatible Antimicrobial Comparative studies Aust Endod J. 2003 Apr;29(1):43-4

A comparative analysis of Mineral Trioxide Aggregate and Portland cement.

Funteas UR, Wallace JA, Fochtman EW.

The purpose of this study was to compare the composition of Portland cement and Mineral Trioxide Aggregate (MTA). Samples of MTA and Portland cement were analysed for fifteen different elements by inductively coupled plasma emission spectrometry (ICP-ES). Comparative analysis revealed there was significant similarity except there was no detectable quantity of Bismuth in Portland cement. Quantitative results are given in both parts per million (p.p.m.) and wt%. It was concluded that there is no significant difference between the 14 different elements in both Portland cement and MTA.

Portland Cement is produced by mixing chalk or limestone with clay or shale either using wet or dry process. The blended raw materials are fed into a kiln at 1400°C and a clinker is formed which is cooled and ground with a small amount of gypsum to form a familiar grey powder. Portland cement reacts chemically with water (hydration) to form four main compounds (Tricalcium silicate, Dicalcium silicate, Tricalcium aluminate and Tetracalcium aluminoferrite) plus other minor compounds, including sodium and potassium oxides known as alkalies. The chemical compounds form a crystalline 'gel' which grows and interlocks to stiffen the cement paste and then carries on to gain strength. The speed of the reaction is effected by temperature (thus the need for accelerators in winter and retarders in summer) and heat is given off by the reaction itself. It is called Portland cement because of its resemblance to the Portland stone quarried in Dorset.

(http://www.nationwidepremixed.com)









Baek SH, Plenk H Jr, Kim S. Periapical tissue responses and cementum regeneration with amalgam, SuperEBA, and MTA as root-end filling materials. J Endod. 2005 Jun;31(6):444-9.













Sanjabi















Rikvold

Root canal medicaments



Dag Ørstavik 2006



Endodontics is:

Prevention or treatment of apical periodontitis

which in practice means

Protection against or elimination of root canal infection

Irrigation, medication and root filling are all means towards this end



Ørstavik 1988

 Wetting of the canal walls and removal of debris by flushing.
 (2) Destruction of microorganisms. (3) Dissolution of organic matter.
 (4) Removal of smear layer and softening of dentin.
 (5) Cleaning in areas that are inaccessible to mechanical cleansing methods.

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from Sundqvist & Figdor, in 'Essential Endodontology, 1998



What do we want to achieve?



Reduction in canals positive for bacterial growth

Influence of infection at the time of root filling on the outcome of endodontic treatment of teeth with apical peridontitis. *Sjögren et al IEJ 1997*



Where are the microbes?

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What can we do with them?

Instrumentation Irrigation Dressing Filling





Factors related to mechanical cleansing by instrumentation

- Length: epidemiology: root filling length a measure of instrumentation length
- Shape: taper; retention of canal shape
- Width: bacteriology

Aspects of ins

ntation





No preoperative apical periodontitis: Instrumentation length/overfilling of little importance

Sjögren et al. 1991

End point of root filling and success



Suppose we get there – how well do we clean? Effectiveness of three instrumentation systems in the cleaning of root canals

Appelstein et al. JOE April 2003, OR 17



Zmener O, Pameijer CH, Banegas G. International Endodontic Journal, 38, 356–363, 2005.

Table 1 Mean (SD) scores of debris removal					
Group	n	1 mm	5 mm	10 mm	
1. AET	15	1.65 (0.20)	1.42 (0.40)	1.33 (0.22)	
2. PF	15	1.83 (0.44)	2.00 (0.41)	1.62 (0.33)	
3. MI	15	2.03 (0.36)	2.33 (0.38)	1.64 (0.35)	

A score 1 was assigned when no debris or isolated small particles (\pm 40 μ m) were present. Score 2 indicated that debris covered more than 50% of the canal walls and a score 3 indicated that debris almost entirely covered the canal walls.



Mechanical cleaning and bacteriological sampling procedures: Complete vs. discrete

Growth after extensive reaming: a clinical pilot

Sample

A D1 D2 R1

On admission First reamer to bite Final reamer, complete apical circle Second appointment, next reamer up

Ørstavik et al. 1991

Growth after extensive reaming: log10 values



Ørstavik et al. 1991

Growth after extensive reaming: log10 values



Yared & Bou Dagher 1994

Growth after extensive reaming: Radioassay



Rollison S, Barnett F, Stevens RH. JOE 2002

Reduction in intracanal bacteria during root canal preparation with and without apical enlargement (In vitro, E. faecalis)



Coldero LG, McHugh S, MacKenzie D, Saunders WP.

Int Endod J. 2002 May;35(5):437-46

Growth after instrumentation: in vitro; E. faecalis

Method NiTi #30 NiTi #35 *NiTi #40* GT hand 0.12t Profile 0.06t/#5 % Red. 98.17 99.50 **99.57*** 94.17 97.26

Siqueira et al. 1999

Clinically supported by Shuping, Sigurdsson, Trope, Orstavik et al 1999-2004

Bactericidal effects of 2.94 microns Er:YAG-laser radiation in dental root canals.

Mehl A, Folwaczny M, Haffner C, Hickel R. J Endod. 1999 Jul;25(7):490-3



J Endod. 2003 Jan;29(1):12-4. Bacteriological evaluation of passive ultrasonic activation.

Spoleti P, Siragusa M, Spoleti MJ.



Irrigation: 'real-time' disinfection

- Sodium hypochlorite
- Iodine-potassium iodide: enterococci?
- Chlorhexidine
- MTAD
 - Mix of: Tetracyclin, Acid, Detergent

From Sundqvist & Figdor, 'Essential Endodontology', 1998

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Pro & contra NaOCI

- Pro
 - Strong antimicrobial
 - 'Non-toxic'
 - Dissolves necrotic tissue
 - NB: clinical documentation!

- Contra
 - Concentration dependent
 - Loses effect on storage
 - Corrosive, bleaches fabric
 - Effect deep in dentin?

Clinical effects of NaOCI: teeth with bacteria at end of first appointment



NaOCI & CHX clinically tested



alternate use of CHX and OCI; Kuruvilla & Kamath, J Endod. Jul;24:72-6 1998

Disinfection in vivo

Ercan et al J Endod. 2004 Feb;30(2):84-87







An in vitro model for testing endodontic medicaments

Haapasalo & Orstavik 1987, Orstavik & Haapasalo 1990



Distance into dentin, µm

Dentin infection and disinfection Haapasalo & Ørstavik, 87,90

In vitro: Effect of chlorhexidine on enterococci?





Komorowski et al. 2000, Substantivity of Chlorhexidine-Treated Bovine Root Dentin

In vitro: effect of chlorhexidine on starved enterococci

CHX 0.05%



Portenier et al. in prep.

Conclusion on irrigation: NaOCI remains irrigant of choice. Chlorhexidine and MTAD are potential improvements. Stressed bacteria may be very resistant.

Interappointment dressings

AP

PDL

 Kill remaining bacteria 'Dauerantisepticum'
 Prevent regrowth
 Block influx of nutrients

Ca(OH)₂ as an antimicrobial dressing



These studies, imperfect as they may be, are the basis for current practice

Root canal disinfection: evidence-based practice

Law A, Messer H. Endod. 2004 Oct;30(10):689-94



Improvement by new technology?





Distance into dentin, µm

Dentin infection and disinfection Haapasalo & Ørstavik, 87,90

Disinfection by endodontic irrigants and dressings of experimentally infected dentinal tubules

BACTERIA	MEDICAMENT	SMEAR-	SMEAR+
S. sanguis	CMCP-I	5 min	20 min
	CMCP-v	1 h	1 h
	Calasept	2 h –1 d	4 h
E. faecalis	CMCP-I	1 h	4 h
	CMCP-v	1 d	1 d
	Calasept	> 10 d	

Haapasalo & Ørstavik, 87,90

In vitro: Lasting effect by chlorhexidine on enterococci?



Komorowski et al. 2000, Substantivity of Chlorhexidine-Treated Bovine Root Dentin

2% chlorhexidine gel and calcium hydroxide; *Enterococcus faecalis; in vitro*.

Growth from inner filings



Gomes BP et al., Int Endod J. 2003 Apr;36(4):267-75.

In vitro: Survival of E. faecalis in dentin after 4 weeks of dressing



Sirén et al. 2004

In vitro: Antibacterial effect of chlorhexidine in gutta percha: growth after 7 days



J Endod. 2003 Jun;29(6):416-8. Antibacterial efficacy of a new chlorhexidine slow release device to disinfect dentinal tubules. Lin S, Zuckerman O, Weiss EI, Mazor Y, Fuss Z.

Dentin penetration: to and from the pulp

'the three (mechanims of protection by dentin) described:

1) diffusion limitation;
 2) limited wetness for hydrolysis; and
 3) buffering by dentinal hydroxyapatite,

appear to allow the relatively safe use of a wide range of tooth restorative materials'

Influence of dentine on the pulpward release of eugenol or acids from restorative materials. *Hume WR*, J Oral Rehabil 1994;**21**(4):469-73

Inhibition of antibacterial effect

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C Q Q

- Pulpal tissue
- Smear
- Hydroxyapatite
- Collagen
- Microbes: alive or dead

Portenier et al 2003.

0.1/0.2% Iodine-potassum iodide



Portenier et al., JOE in press, 2005

Test tube





Effect of physiological state - Ca(OH),



Microbiological Evaluation of One- and Two-Visit Endodontic Treatment of Teeth with Apical Periodontitis: A Randomized, Clinical Trial

Kvist et al JOE 2004

Critical Steps in Microbial Control

Sample A PI PD

On admission End of first appointment Second appointment





INITIAL SAMPLE

POSTINSTRUMENTATION SAMPLE

ONE-VISIT GROUP

the canals were filled with 5% IPI solution for **10 min**. The IPI was inactivated with 5% sodium thiosulphate and the canals sampled for microorganisms according to the same protocol as earlier described. Finally, root canals were obturated.

TWO-VISIT GROUP

CH was placed meticulously by means of a Lentulo-spiral, and the access cavity sealed with Coltosol®. One week later, root canal instruments and simultaneous irrigation with VMGA I were used to remove the CH.



The postinstrumentation sampling showed reductions of cultivable microbiota. However, *bacteria were still found in 62% of teeth in the one-visit group and 64% in the two-visit group.*

The postmedication sampling revealed residual microorganisms in 29% of teeth in the one-visit group and 36% of two-visit group.

However, no statistically significant differences between groups were discerned.

Influence of infection at the time of root filling on the outcome of endodontic treatment of teeth with apical peridontitis. *Sjögren et al IEJ 1997*



Influence of infection at the time of root filling on the outcome of endodontic treatment of teeth with apical peridontitis. *Sjögren et al IEJ 1997*



Medicament options

- Irrigation
 - NaOCI: + tissue diss,
 +/- abac & smear,
 -subst
 - CHX: + abac & subst,
 smear & tissue diss
 - MTAD: + abac, subst, smear, - tissue diss, staining ?, (? local antibiotic)

- Dressing
 - Ca(OH)₂: + docu,
 tissue diss, abac
 - Ca(OH)₂ w CHX: + subst & abac, - docu
 - Short term iodine:
 + abac, docu
 - Short term CHX:+ abac, docu

Conclusion on dressings: Ca(OH), remains substance of choice; but chlorhexidine (and iodine?) shows promise in in vitro tests, perhaps in combination with Ca(OH)₂

Historical on dressings: Eugenol, creosote, formaldehyde, tricresolformalin (formocresol), thorium(!)