

Endodontiske materialer

Avd endodonti, UiO 2015 01 16 J Biomed Mater Res B Appl Biomater. 2012 Oct;100(7):1729-35. Cytotoxicity of endodontic sealers after one year of aging in vitro. Brackett MG1, Lewis JB, Kious AR, Messer RL, Lockwood PE, Brackett WW, Wataha JC.

Table I. Dental Endodontic Sealers Tested in the Current Study					
Material (Manufacturer)	Code	Lot Number	Composition (from Manufacturer)		
AH-Plus-Jet [®] (Dentsply International, York, PA)	АНР	060700108 8	<i>Epoxide paste:</i> Di-epoxide, calcium tungstate, zirconium oxide, aerosol, pigment. <i>Amine paste:</i> I-adamantane amine, N,N'-dibenzyl-5-oxa-nonandiamine-1,9, TCD-diamine, calcium tungstate, zirconium oxide, aerosil, silicone oil.		
Epiphany [®] (Pentron Clinical Technologies, LLCC. Wallingford, CT)	EPH	149468	<i>Resins:</i> Bis-GMA, UDMA, PEGDMA, EBPADMA <i>Fillers:</i> barium sulfate, bismuth oxychloride, calcium hydroxide, silica, silane-treated barium boroaluminosilicate glass (with a small amount of aluminum oxide); coloring pigment; <i>Dual-cured initiators:</i> cumene hydroxyperoxide, thiosinamine, camphorquinone. <i>Stabilizer:</i> butylated hydroxytoluene (2,6-di-tert-butyl-4-methylphenol)		
EndoRez [®] (Ultradent Products, Inc. South Jordan, UT)	ER	102104	Urethane dimethacrylate resin as a matrix, zinc oxide, barium sulfate, resins, pigments.		
Guttaflow [®] Coltène Whaledent, Switzerland	GF	D-89122	Polydimethylsiloxane, gutta-percha powder, zinc oxide, zirconium dioxide, nano-silver, paraffin-based oil, hexachloroplatinic acid, silicic acid		
InnoEndo [®] Heraeus-Kulzer, Armonk, NY	IN	40001987	Resins: Bis-GMA, UDMA, PEGDMA, EBPADMA Fillers: barium sulfate, bismuth oxychloride, calcium hydroxide, silica, silane-treated bariumboraluminosilicate glass; <i>Dual-cured initiators</i> : cumene hydroxyperoxide, thiosinamine, camphorquinone Stabilizer: butylated hydroxytoluene (2,6-di-tert-butyl-4- methylephenol); Pigment: Red #40 (CAS no. 25997–17–3)		
Pulp Canal Sealer® (Sybron Dental Specialties Orange, CA)	PCS	6–1108	Liquid: Eugenol. Powder: Zinc oxide, staybelite resin, bismuth subcarbonate, barium sulfate, sodium borate anhydrate.		

This artist's impression shows the yellow hypergiant star HR 5171. This is a very rare type of star with only a dozen known in our galaxy. Credit: ESO



http://www.richarddawkins.net/news_articles/2014/3/13/largest-yellow-star-ever-seen-revealed-in-new-light#

Root canal sealers

in part from Tyagi et al 2013

- ZOE
- Epoxy
- Ca(OH)2
- Silicone
- MTA
- Ca-Si-P

- PCS, Grossman, TubliSeal
 AH26, AHplus
- Apexit, Sealapex
- RoekoSeal, GuttaFlow
- ProRoot, Fillapex
- Endosequence, Totalfill, Bioaggregate
- Methacrylate EndoRez, RealSeal, Smartseal
- Ca-P
 Capseal

Endodontics is:

Prevention or treatment of apical periodontitis

which in practice means

Protection against or elimination of – root canal infection

Irrigation, medication and <u>root filling</u> are all means towards this end



Ørstavik 1988

Root filling

Protection against or elimination of root canal infection

- 1. Stop coronal leakage
- 2. Entomb surviving microbes
- 3. Block influx of water and putrients

from Sundqvist & Figdor, in 'Essential Endodontology', 1998

2

3





Figure courtesy of Eldeniz et al.



Septodont



Composition Base: Glycyrrhetic acid (enoxolone) [licorice], methenamine, radiopaque excipient. AH26 Catalyst: Calcium hydroxide, DGEBA [(diglycidyl ethers bisphenol-A)], radiopaque excipient.

A variant of Ahplus; Company website

Silicone-Based Endodontic Sealers



- (Lee Endofil)
- RoekoSeal
- GuttaFlow

Coltène-Whaledent

Silicon-based sealers



Silicone-plugs penetrating dentinal tubules and curling back up when torn from surface

Silicon-based sealers (GuttaFlow)

- Pros
 - Very good documentation
 - Clinically tested
 - Good tissue tolerance

- Cons
 - No antimicrobial effect?
 Silver added to GF
 - Low mechanical strength







Composition of GuttaFlow: Guttapercha finely ground Sealer:

Polydimethylsiloxane Silicone oil Paraffin-base oil Hexachloroplatinic acid (catalytic agent) Zirconium dioxide (radiopacity) Silver (conservation agent) Color pigments





http://www.wou.edu/las/physci/ch462/BouncingPutty.htm

Finely ground gutta percha in silicone: GuttaFlow





GuttaFlow



Cortesy M.J. Roggendorf

Resin-based sealers

- Pros
 - Known technology
 - Known bioeffects

• Cons

- No antimicrobial effect?
- Long term seal?
- Disintegration?







"EndoREZ[™] is a UDMA resinbased, root canal sealer with hydrophilic properties that improve sealing ability even in canals that are moist with water."

Ultradent, company website



EndoREZ Points

"an unusual resin is created by first reacting one of the isocyanato groups of a diisocyanate with the hydroxyl group of a hydroxyl-terminated polybutadiene, as the latter is bondable to hydrophobic polyisoprene. This is followed by the grafting of a hydrophilic methacrylate functional group to the other isocyanate group of the diisocyanate, producing a gutta-percha resin coating that is bondable to a methacrylate-based resin sealer."

Tay et al 2005



A thermoplastic, synthetic polymer, Resilon™, with Epiphany™ or RealSeal sealer

The thermoplasticity of Resilon is because of polycaprolactone, a biodegradable polyester with a moderately low melting point, while its bondability is derived from the inclusion of resin with methacryloxy groups. This filling material also contains [bioactive] glass fillers, and barium chloride as fillers, and is capable of coupling to resin sealers, an example of which is Epiphany [or RealSeal]. Epiphany Root Canal Sealant is a dualcurable resin composite containing a new redox catalyst, that enables optimal auto-polymerization under acidic environments.



Tay et al 2005

Leak-Resistant. Unlike gutta percha, RealSeal leaves no gap for leakage. Coronal and apical leakage are substantially reduced. [Test results?]

Strengthening. Gives the root significant toughness. [Test results?]

Technique-Compatible. Works with your current filling method. [OK] Retreatable. With chloroform and/or heat. Like Grossman's formula, retreatments are easy. [OK] Radiopaque. Just like your current method of obturation, detection is

not a problem. [OK]



Company website: <u>http://www.sybronendo.com/index/sybronendo-fill-realseal-02</u>



Title: Comment: Date: 06-03-2003 Time: 15:15 Filename: TEMP.TIF

Physical properties



Physical properties

Sealer	Radiopacity (n=3)	
AH Plus	9,90±1,56	
Epiphany	9,43±0,15	
Endo-REZ	6,06±0,20	
Roeko Seal	5,37±0,35	
MTA Angelus	4,72±0,45	
Gutta Flow	4,67±0,29	
Apexit	4,60±0,10	
Acroseal	4,50±0,10	
Biodentine	2,80±0,48	Eldeniz et al.

There may be too much or too little: 6mm Aluminum equals dentin, minimum requirement is 3 mm, but that is on the low side clinically

Investigation of the physical properties of tricalcium silicate cement-based root-end filling materials

L. Grech, B. Mallia, J. Camilleri, Dental Materials 29, Issue 2, February 2013, e20–e28







<u>J Endod.</u> 2013 Oct;39(10):1281-6 Physical properties of 5 root canal sealers. Zhou HM, Shen Y, Zheng W, Li L, Zheng YF, Haapasalo M.

Table 1.

Physical Properties of the Sealers (mean ± standard deviation)

	Endosequence BC sealer	MTA Fillapex (Angelus)	AH Plus (epoxy, Dentsply)	ThermaSeal (epoxy, Dentsply)	PCS (zeug)	GuttaFlow
Flow (mm)	23.1 ± 0.69	24. 9 ± 0.54	21.2 ± 0.27	21.3 ± 0.47	23.1 ± 1.21	20.5 ± 0.32
Film thickness (µm)	22 ± 4.58	23.92 ± 7.05	16.07 ± 4.5	16.6 ± 5.26	13.35 ± 2.8	15.67 ± 1.4
Working time (min)	>1440	45 ± 15	240 ± 40	300 ± 40	453 ± 31	15 ± 5
Setting time (h)	2.7 ± 0.3	2.5 ± 0.3	11.5 ± 1.5	23.0 ± 1.5	26.3 ± 2.5	0.7 ± 0.1
Solubility* (%)	2.9 ± 0.5	1.10 ± 0.15	0.06 ± 0.04	0.0015 ± 0.07	0.07 ± 0.03	0.02 ± 0.001
Dimensional change ⁺ (%)	0.087 ± 0.04	-0.67 ± 0.01	-0.034 ± 0.01	0.04 ± 0.02	-0.86 ± 0.03	0.037 ± 0.02



100 Tangential stress [MPa] 10 • Composite ◆ Elastomer 1 0,1 0,01 0,001 0,2 0,4 0,6 0,8 0 1 Linear expansion of material [%] From Ørstavik et al. 2001

E moduli: Calciumsilicate (CHS) ca 250 GPa, Composite ca 15 Gpa, elastomer ca 1 MPa

Smear layer and adhesion; cohesive and adhesive fracture



Saleh et al. Seldom cohesive fracture of sealer

Smear layer and adhesion



Saleh et al.: removal of smear layer did NOT increase adhesion

Fracture resistance of roots endodontically treated with a new resin filling material

TABLE

FORCE MEASURED IN NEWTONS REQUIRED TO CAUSE VERTICAL ROOT FRACTURE (N = 16).

GROUP		MEAN*	STANDARD DEVIATION			
1	Control—No Obturation	465.39 ^{ab}	76.85			
2	Lateral Gutta-percha	391.51 ^a	146.79			
3	Vertical Gutta-percha	392.37ª	77.03			
4	Lateral Resilon [†]	504.22 ^b	195.94			
5	Vertical Resilon	498.23 ^b	135.32			
 * Superscript letters a and b represent statistically significant differences (P < .05). † Resilon is manufactured by Resilon Research, North Branford, Conn. 						

Teixeira et al 2004: slightly stronger teeth after root filling with Resilon

Fracture resistance of roots obturated with three different materials.

Mean, standard deviation, and minimum and maximum values of forces for experimental groups (in Newtons)

Group	n	Mean	SD	Min	Max
1 (AH26 + gutta- percha)	15	1021.04	226.74	684.31	1365.01
2 (Resilon + Epiphany)	15	886.33	175.15	600.00	1223.96
3 (Ketac-Endo Aplicap + gutta-percha)	15	741.38	175.46	426.73	1053.56
4 (No obturation)	15	831.40	163.07	598.00	1202.00

Ulusoy et al 2007: At least as good fracture resistance with AH





In vitro model for coronal leakage

Upper chamber with bacteria

Sterilised, root filled root



Barthel et al, 1999

Wax seal

Lower chamber, sterile medium

Bacteria penetrating the root filling multiply in the clear medium of the lower chamber, making it turbid.
% Microbial leakage over 30 days



Shipper et al.2004



Streptococcus

Eldeniz et al. Similar resistance to leakage for AH and Resilon



Enterococcus

Saleh et al. 2008





Enterococcus

Saleh et al. 2008

Antibacterial properties



From Saleh et al. 2003

Role of the root filling in eliminating microbes

- Root stubs preinfected with *Enterococcus faecalis*
- A gutta-percha point # 90 covered with sealer used to fill the canal
- 6 sealers and one group with calcium hydroxide

Specimen with root filling in situ



- Infected dentin slabs
- Root filled with GP and sealers
- Collection of dentin powder for culturing

Largo[®] Peeso Reamer size 5 (ISO size 150)

Saleh et al. 2003



Saleh et al. 2003



Sealer

(CT: control; KE: Ketac-Endo; RSP: RoekoSeal Automix + Primer; AP: Apexit; RS: RoekoSeal Automix; CH: Calcium Hydroxide; GS: Grossman's sealer; AH: AH Plus)



ER: EndoREZ; CaOH: Calcium Hydroxide; AH+: AH Plus); EpRe: Epiphany/Resilon. Short bars mean fewer bacteria

Prestegaard et al. 2014 in press

Clinical-radiological testing



Critical factors in clinical testing

- Randomization: Each case stand an equal chance of being subject to either treatment
- **Confidence interval**: The range of probable value for an observation estimate
- Cohort study: Two or more groups; no randomization; typically different populations
- Case-control: typically retrospective: what separates cases that succeed from those that do not?
- Case series: self-explanatory

» Decreasing value

Preoperative Apical Periodontitis: Effect of Sealer



Waltimo et al., 2001

Range of s.e. of means: 0.03-0.17

Clinical research: RoekoSeal in comparison with Grossman's sealer



Level 1 clinical evidence: randomized, unbiased Huumonen et al., 2003

GuttaFlow



Sequence of decision

- Clinical:
 - Very difficult to prove superiority only similar level of performance, or 'feasibility' (Sealapex, AH, Grossman, RoekoSeal, GuttaFlow, EndoREZ, Epiphany)
- Biological:
 - Avoiding harm
 - Supporting regeneration
- Technological
 - Avoiding mishaps
 - Speed and ease of application and control
- Expert opinion
 - without explicit critical appraisal, or based on physiology, bench research or "first principles" (logical deduction)

Conclusions

- Adhesive root fillings and silicones have stimulated research
- They have forced us to identify the important functions of root fillings
- Their clinical performance is similar to conventional root filling materials, or worse
- None have documented superior performance

DE «NYE» KERAMENE OG BIOKERAMENE

Types and terms and brands

- Cement
- Bioceramics
- Bioglass
- Biocompatible, biomimetic
- Clinical usage
 - Dental
 - Preformed
 - Setting
 - Medical

- MTA, Portland cement, Biodentine
- Endosequence (iRoot, TotalFill) BC or SP
- Bioaggregate
- (Ceramir)
- Implants, cements, sealers
- (Bioceramic hip, knee, orbital implants)

MTA: the starting point for ceramics in endodontics

- MTA PATENT (J Conserv Dent. 2008 Oct-Dec; 11(4): 141–143.)
- The MTA patent stated that 'MTA consists of 50-75% (wt) calcium oxide and 15-25% silicon dioxide. These two components together comprise 70-95% of the cement. When these raw materials are blended, they produce tricalcium *silicate*, dicalcium *silicate*, tricalcium *aluminate*, and tetracalcium *aluminoferrite*. On addition of water, the cement hydrates, forming silicate hydrate gel.' Also 'MTA is Type 1 Portland cement (American Society for Testing Materials), with a fineness (Blaine number) in the range of 4500-4600 cm²/g. A radiopacifier (bismuth oxide) is added to the cement for dental radiological diagnosis.'
- <u>http://patents.com/us-5769638.html</u>

MTA



Retrograde fillings Perforations Dens invaginatus Apexification Apexogenesis Sealing **Biocompatible** Antimicrobial Pulp capping Pulpotomy

Root filling??

Comparative studies





Baek SH, Plenk H Jr, Kim S. Periapical tissue responses and cementum regeneration with amalgam, SuperEBA, and MTA as rootend filling materials. J Endod. 2005 Jun;31(6):444-9.













Arash Sanjabi, Oslo 2005

Silicate

• What is a silicate?

A **silicate** is a <u>compound</u> containing an <u>anionic silicon</u> compound. The great majority of silicates are <u>oxides</u> [SiO, but <u>hexafluorosilicate</u> ([SiF₆]²⁻) and other anions are also included. "Orthosilicate" is the anion SiO₄⁴⁻ or its compounds. Related to orthosilicate are families of anions (and their compounds) with the formula [SiO_{2+n}]²ⁿ⁻.

(http://en.wikipedia.org/wiki/Silicate)

Silicate

Silica SiO₂ many crystalline forms: quartz, cristoballite



Unit cell of a-cristobalite; red spheres are oxygen atoms.

Calcium silicate

Silica SiO₂ many crystalline forms

Di-calcium-silicate



Calcium silicate

Silica SiO₂ many crystalline forms

Di-calcium-silicate





Tri-calcium-silicate "3CaO.SiO₂":3Ca+3Si+9O

From MTA to ERRM

- MTA
- MTA *minus* aluminum:

– Biodentine

- MTA *minus* aluminum, but **plus** CaP:
 - BioAggregate; ERRM, Endosequence, iRoot, TotalFill













iRoot = *Endosequence* (BC Sealer ≈ *RRM*)





ENDOCEM MTA

New generation GRAY MTA 300mg/1package P/L=300mg/0.12cc

Fast setting time Excellent biocompatibility Super sealing property Long clinical data Effective bleeding control - Fast neutralization - Least calcification



"pozzolan", a Ca-Si variant



ENDOCEM Zr

New generation WHITE MTA 300mg/1package P/L=300mg/0.14cc

Fast setting time Tooth color formula Adequate physical property Optimized for partial pulpotomy Effective bleeding control - Fast neutralization - Excellent biocompatibility and sealing property - Excellent radiopacity



ENDOSEAL

New generation ROOT CANAL FILLER 300mg/1package P/L=300mg/0.14cc

Tooth color formula Length control and Flowability Unique physical property Effective bleeding control · Fast neutralization · Hydraulic property · Biocompatibility and sealing property · Excellent radiopacity







EndoSequence® BC Points[™] are unlike traditional gutta percha and are subjected to a patented proprietary process of impregnating and coating each cone with bioceramic nanoparticles to allow for true chemical (cementation) bond between sealer and points.



https://www.dentalaegis.com/products/brasseler/endosequence-bc-points



BioAggregate

Bioceramic Composition

a. Chemically bonded ceramic (bioceramic) raw materials. It's not a mineral (ceramic in nature) aggregate.

b. Aluminum-Free Composition

The effects of aluminum poisoning can range from subtle symptoms to serious diseases. BioAggregate is completely aluminum free and will not pose any toxic threat to the human body. - No toxic heavy metals. (No tricalcium aluminate - C3A in MTA.)

c. No unnecessary heavy elements (ex. iron)

BioAggregate is pure bioMaterial without any unneccessary contaminants, thus is considered safer for use as medical devices. (No tetracalcium aluminoferrite - C4AF in MTA)



Root canal repair cement

The introduction into the market of MTA (Mineral Trioxide Aggregate) in the 90s has been a veritable revolution that allows successful repair of iatrogenic accidents while reducing the associated pathological complications.

Currently, clinically approved MTA products are available within the dental marketplace. However, MTA traditionally has a long setting time and an often grainy consistency which makes placement more difficult.

MICRO-MEGA[®] now offers the "State-of-the-Art" MM-MTA[™], an endodontic repair cement that has excellent physiochemical characteristics delivered in innovative packaging. MM-MTA[™] incorporates a faster set time with a pasty consistency for easy handling and placement.

Innovative characteristics

Thanks to its unique characteristics, MM-MTA[™] offers indisputable advantages compared to other existing materials:

An adapted packaging:

- Consisting of capsules containing MM-MTA[™] powder and liquid, automatic mixing is achieved quickly with a vibrating mixer. In addition, the resulting MM-MTA[™] blend is extremely homogenous with transformation properties which are always optimal and reproducible.
- Each capsule contains the exact dosage of MM-MTA[™] to avoid waste.

A homogenous consistency:

MM-MTA[™] packaging insures a consistently high-quality product mix for simple handling and easy placement within the root canal.

A reduced setting time (20 minutes):

The addition of calcium carbonate (CaCO3) considerably reduces the setting time and also allows filling in the same session.

Likheter og forskjeller

- MTA har aluminium blant ingrediensene
- "Alle" prøver å unngå det, også Biodentine
• MTA og Biodentine er "IKKE" biokeramer, fordi

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- de IKKE har et kalsiumfosfat (Ca-P) med i formelen/produksjonen

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- de IKKE har et kalsiumfosfat (Ca-P) med i formelen/produksjonen, men har
- tricalcium silicate, dicalcium silicate, (tricalcium aluminate og tetracalcium aluminoferrite i det opprinnelige patentet for MTA)

- MTA og Biodentine er "IKKE" biokeramer, fordi
- de IKKE har et kalsiumfosfat (Ca-P) med i formelen/produksjonen, men
- tricalcium silicate, dicalcium silicate, (tricalcium aluminate, and tetracalcium aluminoferrite) som
- reagerer med vann til et hydratisert skikt (C-S-H) mellom kornene, som stivner etter hvert

- MTA og Biodentine er "IKKE" biokeramer, fordi
- de IKKE har et kalsiumfosfat (Ca-P) med i formelen/produksjonen, men dét HAR biokeramer, slik som Endosequence og BioAggregate
- [Ca-P-forbindelser: f.eks. hydroxyapatite (HA), tricalcium phosphate (TCP), biphase calcium phosphate (BCP)]

Bioceramics

- Ceramic: an inorganic, nonmetallic solid prepared by the action of *heat and* subsequent cooling ("sintring").
- Bioceramics: the combination of calcium silicate and calcium phosphate applicable for biomedical or dental use
- Bioceramics and bioglasses are biocompatible. (<u>http://en.wikipedia.org/wiki/Bioceramic</u>)

- Septodont
- Active Biosilicate Technology[™]
- "Biodentine™ was developed by Septodont's Research Group as a new class of dental material which could conciliate high mechanical properties with excellent biocompatibility, as well as a bioactive behavior."

1.1 - Setting reaction

The calcium silicate has the ability to interact with water leading to the setting and hardening of the cement. This is a hydration of the tricalcium silicate (3CaO.SiO2 = C3S) which produces a hydrated calcium silicate gel (CSH gel) and calcium hydroxide (Ca (OH)2).

$\begin{array}{ccc} 2(3\text{CaO}.\text{SiO}_2) + 6\text{H}_2\text{O} & \clubsuit & 3\text{CaO}.2\text{SiO}_2.3\text{H}_2\text{O} + 3\text{Ca}(\text{OH})_2 \\ \hline \textbf{C}_3\textbf{S} & \textbf{CSH} \end{array}$

This dissolution process occurs at the surface of each grain of calcium silicate. The hydrated calcium silicate gel and the excess of calcium hydroxide tend to precipitate at the surface of the particles and in the pores of the powder, due to saturation of the medium. This precipitation process is reinforced in systems with low water content.



The unreacted tricalcium silicate grains are surrounded by layers of calcium silicate hydrated gel, which are relatively impermeable to water, thereby slowing down the effects of further reactions. The C-S-H gel formation is due to the permanent hydration of the tricalcium silicate, which gradually fills in the spaces between the tricalcium silicate grains. The hardening process results from of the formation of crystals that are deposited in a supersaturated solution.

1.2 - Formulation of Biodentine™

In order to reach a formulation with a short setting time (12 minutes) and high mechanical properties in the range of natural dentine, calcium silicates could not be used alone.

Usually calcium silicate cements have setting times in the range of several hours, which is too long in most of the protocols in clinical practice.

Increasing the setting time was achieved by a combination of different effects. First, particle size greatly influences the setting time, since the higher the specific surface, the shorter the setting. Also, adding calcium chloride to the liquid component accelerates the system. Finally, the decrease of the liquid content in the system decreases the setting time to harden within 9 to 12 minutes.

Powder	
Tri-calcium Silicate (C3S)	Main core material
Di-calcium Silicate (C2S)	Second core material
Calcium Carbonate and Oxide	Filler
Iron Oxide	Shade
Zirconium Oxide	Radiopacifier
Liquid	
Calcium chloride	Accelerator
Hydrosoluble polymer	Water reducing agent



Reaching high mechanical strength is also quite difficult for these systems. The first cause of low mechanical properties of Portland cements are the aluminate components, which make the product fragile. Septodont controls the purity of the calcium silicate through the Active Biosilicate Technology[™] which consists in eliminating aluminates and other impurities.

The second axis of formulation was to adjust the particle size distribution in order to reach an optimal powder density. The additional charge system selected was calcium carbonate, for both its biocompatibility and calcium content.

The paradox of calcium silicate systems is also that water, which is essential for the hardening of the product, can also affect the strength of the material. On the hand, excess water in the system will create some remaining porosity, significantly degrading the macroscopic mechanical resistance, but on the other hand decreasing the water content leads to reducing the possibility of a homogenous mix. The addition of hydrosoluble polymer systems described as "water reducing agents" or super plasticizers, helps in maintaining the balance between low water content and consistency of the mixture.

Radiopacity is obtained by adding zirconium oxide to the final product.

Bioglass

In 1969 L. L. Hench and others discovered that various kinds of glasses and ceramics could bond to living bone. Hench was inspired with the idea on his way to a conference on materials. He was seated next to a colonel who had just returned from the Vietnam War. The colonel shared that after an injury the bodies of soldiers would often reject the implant. Hench was intrigued and began to investigate materials that would be biocompatible. The final product was a new material which he called Bioglass. This work inspired a new field called bioceramics. With the discovery of bioglass interest in bioceramics grew rapidly.

Bioglass

- Bioglass is a commercially available family of bioactive glasses, composed of SiO₂, Na₂O, CaO and P₂O₅ in specific proportions. L. L. Hench 1969 (not Ca-Si)
- Glass means it is not crystalline
- Bio: a thin layer of apatite forms on the glasstissue interface
- High pH in surrounding tissue: antibacterial effect

Conclusions

- Ceramic root fillings have stimulated more research
- They have played on the impressive properties of MTA
- Their clinical performance has hardly been tested
- None have documented superior performance



Investigation of the physical properties of tricalcium silicate cement-based root-end filling materials, L. Grech, B. Mallia, J. Camilleri Dental Materials Volume 29, Issue 2, February 2013, Pages e20–e28



Level	Therapy/Prevention, Aetiology	
1a	Systematic Review (with homogeneity) of Randomized Clinical Trials	
1b	Individual Randomized Clinical Trials (with narrow Confidence Interval)	
6 THROUGHOUT HISTORY – ALL FLAWED		
2a	Systematic Review (with homogeneity) of cohort studies	
2b	Individual cohort study (including low quality RCT; e.g., <80% follow-up)	
26 – MOSTLY FLAWED arch; Ecological studies		
3a	Systematic Review (with homogeneity) of case-control studies	
3b	Individual Case-Control Study (few cases, matching controls)	
4	Case-series (and poor quality cohort and case-control studies)	
HUNDREDS		
5	Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles" (logical deduction)	

Torabinejad M, Kutsenko D, Machnick TK, Ismail A, Newton CW.Related Articles, Links _Levels of evidence for the outcome of nonsurgical endodontic treatment. J Endod. 2005 Sep;31(9):637-46.

Number of observations: effect on measures of spread



Lewsey JD, Gilthorpe MS, Gulabivala K. An introduction to meta-analysis within the framework of multilevel modelling using the probability of success of root canal treatment as an illustration. Community Dent Health. 2001 Sep;18(3):131-7.





TIME: 0 to 4 years

Ørstavik et al., 1986

Clinical and radiographic evaluation of a resinbased root canal sealer.

Zmener O, Pameijer CH. Am J Dent. 2004 Feb;17(1):19-22.

...a total of **295 root canals were treated with** laterally condensed guttapercha cones in conjunction with a methacrylate-based endodontic sealer (**EndoRez**). ... The results were assessed clinically and **radiographically 14-24 months postoperatively** and a comparison to baseline radiographs was made. 145 patient records were available for a follow-up examination. Success of root canal treatment was based on absence of clinical symptoms, a normal or slightly widened periodontal ligament and reduction of periapical radiolucencies with an absence of pain in patients that had pre-existing lesions associated with pain. RESULTS: The overall success rate was **91.3%.**

Case-series (and poor quality cohort and case-control studies)

4

Clinical Outcome of Teeth Treated Endodontically with a Nonstandardized Protocol and Root Filled with Resilon Deborah A. Conner DDS, MS, Daniel J. Caplan DDS, PhD¹, Fabricio B. Teixeira DDS, MS, PhD¹ and Martin Trope

Post-Operative PAI Score

N: Interpretation:

- 39 Not worse, still healthy
- 8 Worse, but still healthy
- 15 Better and healthy
 - 5 Worse and now unhealthy
 - 7 Not better and still unhealthy
 - 7 Better, but still unhealthy

Each cell represents # clinical cases (N=82)

Pre-operative PAI Score

Clinical Outcome of Teeth Treated Endodontically with a Nonstandardized Protocol and Root Filled with Resilon

